



Carpal Tunnel Syndrome

THE
STRATFORD
CLINIC

Carpal tunnel syndrome is one of the most common conditions to affect the hand. Mr Matt Venus, Consultant Aesthetic and Plastic Surgeon, explains the condition and treatment options.

What is carpal tunnel syndrome?

Carpal tunnel syndrome occurs when one of the main nerves to the hand stops working properly. The nerve crosses the wrist into the hand via the “carpal tunnel”, a tight space in which the nerve can become squashed leading to symptoms such as pins and needles, numbness or weakness.

How can it be treated?

Early symptoms can be treated with splints or steroid injections. Some patients may require surgical release of the nerve to reduce or cure their symptoms. Mr Venus offers endoscopic release, which involves an incision at the wrist, allowing both hands to be treated at once and offers a faster recovery than that of traditional surgery.

Find out more:

Hand & wrist information evening, 26th Sept 7pm

Reserve your place today:

01789 412 994

thestratfordclinic.co.uk

